

## ROLLS FOR LUNCH OR TEA

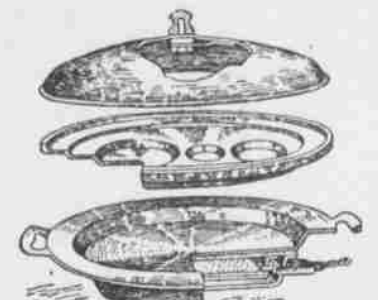
Recipe Gives Directions for Making Toothsome Variety Known as White Mountain.

White Mountain rolls are used either at luncheon or tea. Sift two quarts of flour, add a teaspoonful of salt and three tablespoonfuls of sugar. Have ready a pint and a half of boiling milk and set it aside to become blood warm. While it is cooling melt half a cupful of butter in it. When it has reached the desired degree of cohesiveness beat the whites of two eggs till stiff, and stir them into it. Then add half a cupful of liquid yeast or half a cake of compressed yeast, dissolved in one-third of a cupful of lukewarm water. Stir the whole into the flour and beat well with a spoon. Then knead for twenty minutes and let the dough rise overnight. In the morning cut the dough into pieces the size of an egg. Form them into long rolls and place them side by side in a shallow cake pan. Let them rise to a little more than double their original size. Then bake them for half an hour in a moderate oven. Owing to the presence of milk and butter in the mixture the rolls will be very brown in fifteen minutes, so that it is well to cover them with brown paper for part of the time they are baking.

## FOR KEEPING FOOD WARM

Electrically Heated Tray is One of the Latest Ideas in Electric Con- trivances.

An electrically heated tray for keeping food warm while it is being served is one of the latest ideas in the appli- cation of electric heaters. The bot-



Food Tray.

tom of the tray is shaped to receive dishes and sets upon a pan filled with water kept warm by a coil in its base. A vent allows steam to escape. By connecting the pan and tray to the electric circuit for a few minutes, and thus heating the water, the stored up heat will keep the food warm for some time if not immediately served.—Popular Electricity.

**With the Cook in the Kitchen.**  
A delicious way to bake the new halibut just coming in is to cover the fish with milk in the baking pan and bake it with the milk several times during the hour.

If fillets of sounders, commonly known as "sole," are left to lie in salt, parsley, thyme, a sliced onion and lemon juice for half an hour before frying they will take on a flavor much as the French chef gives them. They are best fried in deep fat.

Broiled smelts with maitre d'hotel sauce seasoned with a little nutmeg as well as the usual lemon juice and parsley are delicious. Prepare the fish as for frying—they should be of good size—dip each into melted butter, then roll in bread and cook over the fire, first one side and then the other.

**Potato Croquettes.**  
Take a pint of cold mashed potatoes, add one egg, two tablespoonfuls of sweet milk, a half teaspoonful of baking powder, pepper and salt. Add flour enough to make a soft dough that can be handled, form into cylinder shape, roll into a beaten egg and then in cracker crumbs and fry in hot fat, the same as doughnuts. Minced parsley makes a pungent garnish.

**Pins Ready.**  
A pin cushion on the wrist is a great convenience to the home dressmaker, says the Pictorial Review. It should be a small, soft cushion, attached to an elastic band just snug enough to clasp the left wrist without slipping.

**Pineapple Pie.**  
One can pineapple, one cup sugar, two cups water, two eggs, two heaping tablespoonfuls corn starch, a little salt. Makes three large or four small pies.

**Glad Anticipation.**  
"O, do come in tomorrow afternoon, Mrs. Gudgeley. Mrs. Gobbson, Mrs. Stout and Mrs. Crossman are coming, and they know all about the trouble between Mrs. Wayland and her husband. We will have a perfect love- ly time."—Chicago Record-Herald.

**Before and After.**  
"Before I was married life was one continual round of pleasure."  
"And isn't it now?"  
"No; it's one continual round of economy now."

## NO MORE OF THAT MEDICINE

Mary Had Her Mind Made Up as to Further Doses of Unquenchable Compound.

A Yonkers, N. Y., physician had a negro cook who was a chronic complainer. One day she came in groaning with a misery in her side and the doctor offered to prescribe for her. He went to the dining room, poured out a spoonful of game sauce, stirred in some English mustard and sprinkled on some cayenne pepper, and handed the dose to the sufferer, telling her to take it down at one swallow. It was two weeks or more before Mary turned up with a new pain. This time it was in her other side. Her employer offered to mix her another dose of his medicine.

"No, suh!" said Mary, firmly. "I'm much obliged to you, doctor; but I've done got my mind made up never agin to drink nothin' what water won't quench!"—Saturday Evening Post.

**Impracticability.**  
This thing of doing in Rome as the Romans do is not always the best plan, says the Popular Magazine. If you don't believe it Miss Jane Addams, the famous sociological worker of Chicago, will tell you a story to prove it. Miss Addams knew a wealthy woman who delighted in doing works of charity, such as sending missionaries to foreign fields, and on one occasion she put up the money to send a missionary to the Caroline Islands. Soon after his arrival on the scene of his activities the religious man sent his benefactress a photograph of himself and his wife.

Whereupon the rich woman wrote the man of God a letter, suggesting that his wife, in order to win the confidence of the natives, should throw away her fine clothes and wear the costume of the islands. Two months later she received this answer:

"Inclosed is the complete costume worn by native women. My wife awaits further word from you before adopting it.

The native dress consisted of a piece of woven straw, two inches wide and eight inches long.

**Didn't Fully Understand.**  
A New York judge went over to Ireland recently and met the brother of "Tom" Costigan, a well known district leader in one wing of the Democracy. The judge told "Tom's" brother in Ireland all about what a great man "Tom" had become, about his popularity and influence, devotion to politics. The brother, instead of sharing the judge's enthusiasm, looked anxious. "Before you go," said "Tom's" brother, "please satisfy me on one point. Isn't all this attention to politics interfering with my brother's business?"

**Might Not Get the Children.**  
A young lady of ten was discussing her future with her mother.

"Yes, mommie," she said, "I shall get married and I shall have four children."

"That will be nice!" commented the mother.

"No!" continued the young lady after a minute or two of deep thought. "Maybe I won't have four children. I might marry a bachelor!"—Saturday Evening Post.

**Lumbago, Rheumatism and Chills.**  
There is nothing that gives so quick benefit as Hunt's Lightning Oil. The very minute it is rubbed on the improvement is noticed. For over thirty years this Liniment has been acknowledged to be the best for these troubles. Every druggist will recommend it. Price 25c and 50c per Bottle.

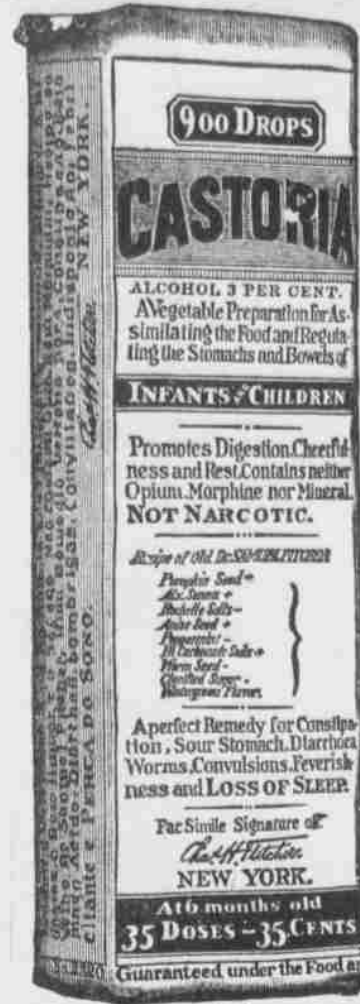
**An Exception to the Rule.**  
"Jinks is a man who has his hammer out on all occasions."  
"I bet there is one occasion where he hasn't."  
"What's that?"  
"When it's time to put down the carpet."

**A Quarter Century.**  
Before the public. Over Five Million Free Samples given away each year. The constant and increasing sales from samples proves the genuine merit of Allen's Foot-Ease, the antiseptic powder to be shaken into the shoes for Tired, Aching, Swollen Tender feet. Sample free. Address, Allen S. Olmsted, Le Roy, N. Y.

**Where the Leak Was.**  
Boarder (excitedly)—There's a rum- or affoot—  
Mistress—Jennie, turn off the water in room 4!—Judge.

**Literal.**  
"Did you take the fast train west?"  
"No; I left that for the engineer to do."—Baltimore American.

**When the nervous man reaches the top, he is apt to look around for the fire escapes.**



Exact Copy of Wrapper.

## SO THOUGHTFUL OF HER.



Elsie—Grace has had her picture done and given one to each member of her family.  
Ernest—Why, where is she going  
Elsie—Going to play bridge for a season.

## DOES YOUR BACK ACHE?

Aches and Twinges Point to Hidden Kidney Trouble.

Have you a lame back, aching day and night? Do you feel a sharp pain after bending over? When the kidneys seem sore and the action irregular, use Doan's Kidney Pills, which have cured thousands.

L. Bonney, Eugene, Ore., says: "I contracted severe kidney trouble through heavy lifting. There was a dull ache across my hips and pains like knife-thrusts shot through me. Doan's Kidney Pills cured after doctors had failed and my back is stronger than before in years."

"When your Back is Lame, Remember the Name—DOAN'S." 50c all stores. Foster-Milburn Co., Buffalo, N. Y.

**Fell.**  
Mrs. Murphy—So your son Dinn's fell from his airplane? Sure, O! thought he was learnin' to fly in a correspondence school.

Mrs. Casey—He was, but he ahtopped short in the middle of a lesson.—Lippincott's.

Many a man is kept busy during his spare time in explaining things to his wife.

A pure, mild and potent laxative, Garfield's "Teal" All Druggists.

A fellow can make a hit with a girl by telling how much he misses her.

## Children Cry for Fletcher's CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

### What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

### GENUINE CASTORIA ALWAYS Bears the Signature of

*Chas. H. Fletcher*

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In Use For Over 30 Years  
THE CENTAUR COMPANY, NEW YORK CITY.

## F.P. 20TH CENTURY Corset

STYLE 270  
The Automatic Boning gives what the 20th Century woman demands—it yields to every movement of the body. In bending there is a sliding movement distributing the strain. The Automatic Steels are warranted not to break for one year; and no other corset possesses this advantage.

AT DEALERS \$1.50 or sent direct

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PLACED ANYWHERE, IT TRAPS AND KILLS ALL FLIES. Neat, clean, ornamental, convenient, cheap. Kills all house, stable, and barn flies, and all other annoying insects. Guaranteed effective. 15c each at dealers or 5c sent prepaid for 10c.

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## DEFIANCE Cold Water Starch

makes laundry work a pleasure. 16 oz. pkg. 10c.

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W. L. Douglas makes and sells more \$4.00 shoes than any other manufacturer in the world.

**\$2.50 \$3.00 \$3.50 \$4.00 \$4.50 & \$5.00**  
FOR MEN, WOMEN AND BOYS

W. L. Douglas \$4.00, \$4.50 & \$5.00 shoes equal Custom Bench Work costing \$6.00 to \$8.00

One pair of W. L. Douglas \$2.00 or \$2.50 Boys' shoes will positively outwear two pairs of other makes.

Why does W. L. Douglas make and sell more fine shoes than any other manufacturer in the world? BECAUSE: he stamps his name and price on the bottom and guarantees the value, which protects the wearer against high prices and inferior shoes of other makes. BECAUSE: they are the most economical and satisfactory; you can save money by wearing W. L. Douglas shoes. BECAUSE: they have no equal for style, fit and wear. DON'T TAKE A SUBSTITUTE FOR W. L. DOUGLAS SHOES.

If your dealer cannot supply W. L. Douglas shoes, write W. L. Douglas, Brockton, Mass., for catalog. Shoes sent everywhere delivery charges prepaid. *Real Color Eyelets Used.*

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